

# MOSQUITO BITE PREVENTION

EEE continues to be a life-threatening disease this season. Residents are strongly encouraged to minimize outdoor activities from dusk to dawn and in areas where mosquitoes are most active. This includes shaded areas, hiking trails and marsh & wetlands. The use of Town parks for school and civic events is already scaled back with activities ending by 6pm.

Prevention is still the best protection from acquiring mosquito-borne infections.

- **DRAIN** standing water around the house weekly. And ensure door & window screens are tight fitting and in good repair to avoid mosquito bites when indoors.
- **DUSK** to **DAWN** are when mosquitoes are most active. Limit outdoor activities AND take precautions to avoid mosquito bites.
- **DEET** and **PICARIDIN** are effective insect repellents. Follow instructions for safe application onto the skin and clothing.
- **DRESS** in long sleeves & pants when outside AND apply insect repellent.

[Prevent mosquitos from breeding around your home](#) and use products such as *Mosquito Dunks* in ponds, abandoned swimming pools and any area of standing water that cannot be drained. These products are available at many hardware stores, home improvement centers and online.

